

February 2026

# Construction

— **ISLE OF MAN**  
*Newsletter*



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**OUR MISSION IS TO  
DEVELOP AN EFFICIENT  
AND SUSTAINABLE  
CONSTRUCTION  
INDUSTRY ON THE ISLE  
OF MAN.**

[www.constuctioniom.im](http://www.constuctioniom.im)

# What is Construction Isle of Man

Quite simply, we represent the Isle of Man's construction industry. We are here to work together with the government, consultants, contractors, developers, tradespeople and the general public to develop and promote this exciting and growing sector. It is our goal to help the industry in any way we can.

**IMPORTANT  
ANNOUNCEMENT!**

**SAVE  
THE DATE**

**OUR ANNUAL  
GENERAL MEETING IS  
COMING UP!**

**CONTENTS**

**DATE: 5<sup>TH</sup> MARCH  
TIME: 4PM START  
NOA'S BAKEHOUSE  
PEVERIL STREET**

- MEMBER HIGHLIGHTS
- UPCOMING EVENTS
- CONSTRUCTION CAREERS FAIR
- HEALTH AND SAFETY TIPS
- ISLE STAND UP TO SUICIDE
- CONTACT US

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# UPCOMING EVENTS



## UPCOMING HR FORUM

26<sup>TH</sup> FEBRUARY 2026

STARTING 4PM

QUEEN VICTORIA HOUSE, VICTORIA  
STREET



## CYBER SECURITY FORUM

26<sup>TH</sup> OF MARCH

MORE INFO TO COME



## WIND FARM CONSTRUCTION OPPORTUNITIES FORUM

23<sup>RD</sup> OF APRIL

8-9AM

MORE INFO TO COME



## OUR ANNUAL GENERAL MEETING :

5<sup>TH</sup> MARCH

NOA'S BAKEHOUSE

PEVERIL STREET



# James Brown Apartments

NK Construction

## MEMBER HIGHLIGHT!

NK Construction recently completed the James Brown apartments at Willaston for Douglas City Council, comprising 48 new units.



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# The Mannin Cancer Help Centre

## MEMBER HIGHLIGHT! TOOMS BROTHER LTD

Due to open January 2026 the Mannin centre is a haven of peace and tranquility for people who have been affected by cancer. Total cost of £2.4 million purely from donations.



MANNIN CANCERS  
SUPPORT GROUP





# CONSTRUCTION CAREERS FAIR



WE RECENTLY HOSTED OUR FIRST CONSTRUCTION CAREERS ON THE 12<sup>TH</sup> OF FEBRUARY

WE ARE EXTREMELY GRATEFUL FOR ALL OF THE COMPANIES WHO ATTENDED AND MADE THE EFFORT TO COME AND DEMONSTRATES THE JOB OPPORTUNITIES WITHIN THE INDUSTRY TO THE NEXT GENERATION. WE HOPE TO DO MORE LIKE THIS IN THE FUTURE.



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# CONSTRUCTION CAREERS FAIR



# CONSTRUCTION CAREERS FAIR



# Safety & Health Go Hand in Hand



Working in construction is tough on both the body and the mind. Long hours, physical work and changing weather conditions here on the Isle of Man can all have an impact. Looking after your health helps keep you safe on site and able to do your job well.

- ✔ **Protect your body**- take a few minutes to warm up before starting work & use correct lifting techniques
- ✔ **Mind your mental health**- Stress and fatigue affect focus and safety. If you're struggling, talk to a supervisor, colleague, or access local Isle of Man support services. Getting enough rest is just as important as physical strength.
- ✔ **Work safely**- Always wear the correct PPE and use tools and equipment as intended. Never take shortcuts and speak up if something doesn't feel safe.
- ✔ **Stay Hydrated and fuelled**- Manual work uses a lot of energy. Drink water regularly, and try to eat regular meals to maintain energy levels



## Look out for each other

A strong site is one where people look out for their workmates. A quick check-in or offer of help can make a real difference.

## Healthy Eating in the New Year

Construction work takes energy. Eating well helps you stay strong, alert, and safe on site.

- Eat regular meals to avoid fatigue.
- Balance your plate: protein for muscles, carbs for energy, fruit & veg for vitamins.
- Plan ahead: bring sandwiches, leftovers, fruit, or yoghurt to avoid fast food.
- Limit sugary snacks and energy drinks, they cause energy crashes.
- Drink water regularly to stay hydrated.

Small, realistic changes make a big difference, fuel your body, boost your focus, and start the year strong.

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Isle Stand Up to Suicide is a local charity working to reduce suicide and improve mental wellbeing across the Isle of Man through awareness, intervention and education.

**THE CHARITY EXISTS FOR THREE CORE REASONS.**

**TO RAISE AWARENESS.**

**TO PROVIDE DIRECT SUPPORT AND INTERVENTION.**

The charity operates a confidential phone line every day from 2pm to 10pm. This is more than a listening service, it is a suicide intervention line.

**TO EQUIP OTHERS TO HELP.**



Support is available locally, and no one has to face things alone.  
More information, resources and details of training can be found at:  
<https://www.islestanduptosuicide.com/>





Looking to Get Involved?

## Contact Us



**Give us a call or email**

Our office is open 9am-12pm.

To be included in future newsletters email any pictures of recent work with a short description to:  
[hhodgson@constructioniom.im](mailto:hhodgson@constructioniom.im)



Message us on social media  
[@constructioniom](https://www.instagram.com/constructioniom)

## Why should you choose us



CIOM membership demonstrates your dedication to high standards and marks you as a leader in the field. Be recognised and noticed for all that you do.

### Contact:

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